



DKA Kyu Grade Syllabus

9th KYU

Red Belt

Minimum experience needed to take this Grade:

Standard

4 Lessons

Fast Track

Not Applicable

	Section	Techniques Required For Grade	English Translation
1	Basic Blocking in Yoi & Kamae	Gedan Barai Jodan Uke	Downward Block Rising Block
2	Basic Punching in Kamae	Gyakuzuki Chudan Oizuki Jodan	Reverse Punch to Body Step Punch to Head
3	Basic Stances	Zenkutsu Dachi	Standard Forward Stance
4	Kicking	MaeGeri Chudan	Front Kick Stomach Height
5	Pad Work	Not Required	Not Required
6	Combinations	Not Required	Not Required
7	Kata	Shiozuki	Cross Kata (Form) or H Kata (Form)
8	Khokei Kumite	Not Required	Not Required
9	Sparring	Not Required	Not Required
10	Instructor Input	Kimi Zanshin	Focus Concentration Personal Discipline

Ⓜ All Students Wishing to grade must have in their possession and in date Association Licence **NO EXCEPTIONS.**