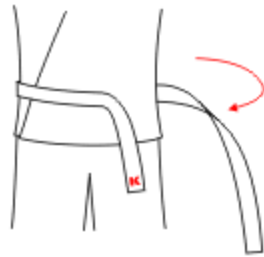




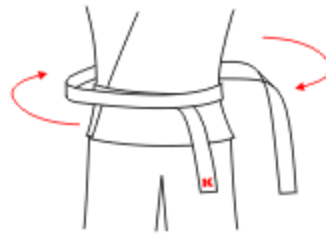
*DKA How to tie your karate belt.*

## How to tie Your Karate Belt

Need to know how to tie a karate belt? This is a step-by-step diagram to help you tie your martial arts belt, while avoiding the cross-over on the backside of the belt.



STEP 1



STEP 2



STEP 3



STEP 4



STEP 5



STEP 6



STEP 7